

# Mawnan CE VA Primary School Newsletter



*Using our God-given gifts to let our light shine*



**Our core Christian Values: *Compassion, Hope, Peace, Perseverance, Respect, Trust***

Friday 26th January 2024

## Youth Speaks 2024

I am thrilled to share with you the incredible success of our Youth Speaks Team at yesterday's Rotary Club inter-school competition. Despite facing tough competition from other schools, our talented trio stole the show with their professionalism and confidence, leaving the audience in awe.

The team, consisting of Joss, Luci and Matilda, delivered a thought-provoking speech entitled "Pineapple, does it belong on a pizza?" This topic may seem trivial at first glance, but the team managed to turn it into an amazingly original and fascinating discussion. Their ability to think outside the box truly impressed both the judges and the audience.

What truly sets our team apart is their dedication and hard work. They invested countless hours in researching, writing, and rehearsing their speech. Their commitment to perfection was evident in their flawless delivery and exceptional presence. It is a testament to their determination and passion for public speaking.

I am delighted to announce that their efforts paid off, and they were awarded **first place** at the competition. This is a tremendous achievement and a testament to their talent and dedication. We are incredibly proud of them, and we wish them in the next round of the competition.



## School Office – Closed for training

The school office will be closed on Monday, 29/01/2024 between 9am & 10am for staff training.

During this time the phone may not be answered, so please leave a message or email

[secretary@mawnanschool.com](mailto:secretary@mawnanschool.com)



## Thank you

*Thank you!*

The Children's Society would like to thank you for your kind donations given in the Christingle Candles at Christmas. The collection from Mawnan School Candles raised a fantastic £254.29! This money will help to support children facing some challenging times in their lives. Thank you!

## Thank you Bango Kitchen

The school and PTA would like to say a massive thank you to Nikki, Nick and Sowena Archer from Bango Kitchen for raising £231 for the school at their Christmas fair (and donating the same amount to Penryn Foodbank!). We are also very impressed with the sell-out of Christmas cards designed and sold by Sowena herself - well done Sowena!



## No Football this week

There will be no Football Club this Tuesday after-school as the coach Christian is unavailable.

## This week

On Wednesday, **Fusion class** had a great music lesson with Mr Hatherly. They listened to songs composed by John Williams like the Star Wars Imperial March, Indiana Jones and Jurassic Park. Taking inspiration from these songs they had to create a theme tune to Charlie Chaplin's Film 'The Lion Cage.'



**Topper class** have created some incredible art work this week. They have been discussing healthy foods and thinking about what they could put into a smoothie. Then, they designed their very own packaging for a smoothie cup which had to include the contents of their smoothies and be given an exciting name!

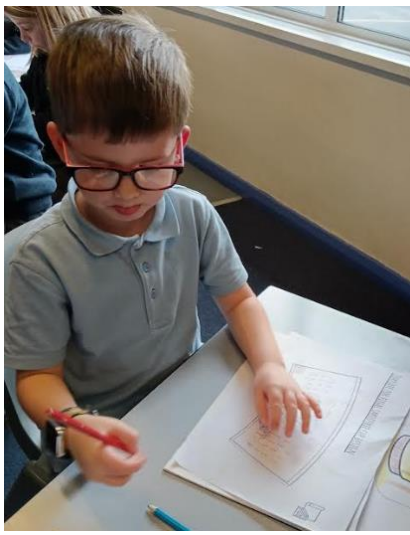


Left: by Lawson



Right: by Ula





Left: by Wilf



**Cooking club** had fun this week making rainbow rice! They peeled, grated and deseeded the fruit and vegetables, cracked and whisked the eggs and cooked all the ingredients for their rainbow rice. They all listened and followed the kitchen instructions incredibly well and it was a pleasure to see their cooking skills improving.







ALL PROFITS GO TO THE SCHOOL

# DONATIONS FOR HAMPER



The PTA would be grateful to receive any donations, no matter how small, for a raffle hamper for the village Panto. Any leftover bits from Christmas welcome!

**Please leave donations in box outside reception  
by Wed Jan 31st**

## Dates to Remember 2024

<b><u>2024 Dates</u></b>	<b><u>Event</u></b>
Friday 9 <sup>th</sup> Feb	Dress to Express Non-uniform day
12 <sup>th</sup> - 16 <sup>th</sup> Feb	Half term
Mon 4 <sup>th</sup> - Fri 8 <sup>th</sup> March	Parent Teacher Meetings (a google form to sign will be sent out to parents nearer the time)
11 <sup>th</sup> – 22 <sup>nd</sup> March	Year 3 and Year 4 Swimming lessons (a google form has been sent out to parents for children attending)
29 <sup>th</sup> March –12 <sup>th</sup> April	Easter Holidays
19 <sup>th</sup> April – 24 <sup>th</sup> May	Friday CST Sailing lessons – Term 1 (6 Sessions)
Thurs 25 <sup>th</sup> April	TEMPEST: School Class Photos
Mon 6 <sup>th</sup> May	Bank Holiday Monday
27 <sup>th</sup> – 31 <sup>st</sup> May	May Half Term
7 <sup>th</sup> June – 5 <sup>th</sup> July	Friday CST Sailing lessons – Term 2 (5 Sessions)
Sun 16 <sup>th</sup> June	National Garden Society Open Garden
19 <sup>th</sup> – 21 <sup>st</sup> June	Year 4 & 5 BF Adventure School Camp
26 <sup>th</sup> – 28 <sup>th</sup> June	Year 6 Porthpean School Camp
Fri 5 <sup>th</sup> July	Sports Day
Fri 12 <sup>th</sup> July	Sports Day (reserve date)
22 <sup>nd</sup> – 24 <sup>th</sup> July	School Closure Days
Thurs 25 <sup>th</sup> July	School Summer Holiday

All dates and events can be found on our School website Calendar:

<https://www.mawnanschool.com/web/calendar/430674>

# Article 12 UNCRC



**Every child** has the right to express their views, feelings and wishes in all matters affecting them, and to have their views considered and taken seriously.



## Children's Mental Health Awareness Week

I am pleased to inform you that Children's Mental Health Awareness Week will be taking place from 5th to 11th February 2024. This year's theme is "**My Voice Matters**" and aims to highlight the importance of children and young people's mental health. It is a significant initiative set up by the children's mental health charity, Place2Be. We will be incorporating activities and discussions related to this theme throughout the week, promoting positive mental well-being among our students.

## Dress to Express

On **Friday 9th February** we will be supporting Children's Mental Health week. This **will be a non – uniform day** where we would like the children to come dressed to the theme "**Dress to Express.**" Children are encouraged to use colour to express themselves by wearing a colourful outfit or an outfit of their choice to express themselves.



## Your Child's Mental Health

Mental health doesn't mean being happy all the time and neither does it mean avoiding stresses altogether. One of the most important ways to help your child is to listen to them and take their feelings seriously.



In many instances, children and young people's negative feelings and worries usually pass with the support of their parents and families. It is helpful for the school to know what they are going through at these times, so that staff can be aware of the need and support this.

Coping and adjusting to setbacks are critical life skills for children, just as they are for adults, but it is important that they develop positive, rather than negative, coping skills.

If you are ever worried about your child's mental health and wellbeing then, just as you would about any concerns that you have about their learning, come and talk to us. Sometimes children will need additional support for a short period – this may be in the form of sessions with our play therapist or a daily check-in with a trusted adult, time to talk through what they are feeling and support in developing ways of moving forward with this.

As always, the well-being of our children is our top priority, and we are here to support them in every way possible. We are sending out two very helpful guides for parents with this newsletter.



# Top Tips for Setting Boundaries around Gaming

Almost half (46%) of 8- to 11-year-olds in the UK play online video games with people that they don't necessarily know 🧑🎮 While 55% of parents of young gamers worry that their child might be pressured into making expensive in-game purchases 🛒

Most children find gaming immensely enjoyable, but its volume of potential risks – and capacity to influence behaviour – often make it problematic for parents. Our #WakeUpWednesday guide suggests some sensible ground rules for promoting safer, healthier gaming habits.

At National Online Safety, we believe in empowering parents, carers and trusted adults with the information to hold an informed conversation about online safety with their children, should they feel it is needed. This guide focuses on one of many issues which we believe trusted adults should be aware of. Please visit [www.nationalonlinesafety.com](http://www.nationalonlinesafety.com) for further guides, hints and tips for adults.

## Top Tips for SETTING BOUNDARIES AROUND GAMING

If your child loves video games, then you'll probably be aware that how long they spend gaming – and what they're actually playing – can occasionally become a source of concern or conflict. The UK's trade body for interactive entertainment, Ukie, has recently launched a campaign to promote safer and more responsible gaming among young people – with parents and carers helping by setting sensible and fair boundaries. Our guide has tips on key areas where you could agree some healthy ground rules for your child's gaming activity.

### PROMOTE SAFER GAME CHOICES

Deciding which online games are OK – and which should be avoided – is tricky. Some titles allow children to cooperate or compete with strangers, which creates potential risks. Watching your child play online for a while could provide more insight into a particular game, while the parental controls on most consoles allow you to limit who can chat to your child or send them friend requests. Remind your child of the hazards around strangers online when you discuss this boundary with them.

### ENCOURAGE REGULAR BREAKS

Help your child understand the need to take regular breaks, playing in shorter bursts rather than marathon sessions. Bear in mind that some games (such as role-playing games) require a long in-gameprint from the player, while others (online team games, for example) can't be stopped or paused at a moment's notice. A quick break every hour or so is good practice, and you could suggest some things to do in these breaks, such as having a drink of water or getting some fresh air.

### AGREE SPENDING LIMITS

There's no doubt that gaming can be expensive, and younger players often don't realise how much paying for digital items and subscriptions can add up to. Many young gamers love to buy new skins or upgrades for their character, so you could settle on a fixed amount that your child is allowed to spend on in-game items each week or month. This sort of boundary will not only help your child to manage their expectations, but will also make you more aware of the price of these items.

### DISCUSS AGE RATINGS

Children often ignore the age ratings on games – or are unaware they even exist. If you're happy with your child playing a particular game even though it's rated above their age, then establish that as a boundary, emphasise that you've made an exception, and talk about what age ratings mean and why they're important. You could add context to this boundary by browsing games' boxes together while shopping, discussing why some games might have earned certain age ratings.

### MEET OUR EXPERT

Daniel Upson is a writer specialising in technology, video gaming, virtual reality and Web3. He has also written 15 guidebooks for children covering games such as Fortnite, Apex Legends, Valorant, Roblox and Minecraft. His work published by the likes of PC Gamer, Kotaku, Pocket Gamer and VG247. He has reviewed more than 50 games and products over the past year.

### FACTOR IN FRIENDS

If your child is a keen video gamer, the chances are that they'll have other gamers among their social circle. As when friends visit, do they instantly dash to their console or computer? You could put boundaries in place before their guests arrive by agreeing on a length of gaming time. Bear in mind, though, that they may try to extend this once they're together. Try coming up with activities or challenges for them during screen breaks – if they join in, they earn a little extra time on their game.

### ENJOY GAMING TOGETHER

Setting time aside to play video games together can be an enjoyable bonding exercise. Undeniably, some young gamers may be less enthusiastic about a parent or carer joining in, but it can be a productive way of encouraging them to share their hobby with you. Setting goals or tasks might be useful. If they love Minecraft, choose something to build together. If Fortnite's their favourite, ask to try out some of the fun game modes, like Prop Hunt, which don't require high skill levels.

### TALK ABOUT EMOTIONS

Help your child to monitor their emotions as they play. Discuss what is (and isn't) an acceptable level of competitiveness to show while gaming. Are they allowed to trash talk other players, for example? Can they notice when they get angry if they lose? Do they think these emotions are healthy? Some games can provoke anger, but others can bring joy, humour and the thrill of overcoming a challenge. Try to steer your child towards games that tend to produce these more positive feelings.

### BE PREPARED FOR TROLLS

A frequent problem when gaming online is other players who are deliberately troublesome. Make sure your child knows how to report and block someone who makes their experience a negative one. Between you, decide if or how they should deal with these online trolls. Talk about where your child's boundaries are in terms of what they think is acceptable: what behaviour by other users is merely frustrating, and what crosses the line to become upsetting or abusive.

**NOS National Online Safety**  
#WakeUpWednesday

Source: <https://npsl.opp/abou/privacy.html>

@natonlinesafety /NationalOnlineSafety @nationalonlinesafety @national\_online\_safety

Users of this guide do so at their own discretion. No liability is entered into. Current as of the date of release: 13.09.2023

# Statutory Test Dates for 2023-2024

## KS2 SATs 2024

Here are the dates for when the National KS2 SATs will take place in May 2024.

Test	Date
<b>English grammar, punctuation and spelling test</b>  Paper 1: short answer questions (45 minutes)  Paper 2: spelling (15 minutes)	Monday 13th May 2024
<b>English reading test</b>  Paper 1: Reading comprehension (60 minutes)	Tuesday 14th May 2024
<b>Mathematics</b>  Paper 1: arithmetic (30 minutes)  Paper 2: reasoning (40 minutes)	Wednesday 15th May 2024
<b>Mathematics</b>  Paper 3: reasoning (40 minutes)	Thursday 16th May 2024

## Phonics Screening Check for Year 1 children

Year 1 children will complete their phonics screening check in the week beginning Monday 10th June 2024.

## Multiplication tables check (MTC) for Year 4 children

Year 4 children will complete the multiplication check during the week commencing Monday 3rd June 2024.

We would like to take this opportunity to remind you about the importance of regular attendance, particularly during the statutory testing period. Therefore, I kindly request that you refrain from booking any holidays or non-essential activities during term time to ensure that your child is able to participate fully in their learning.

## Term Dates

Our term dates and closure dates can be found here:


[https://mawnancofeprimary.eschools.co.uk/web/term\\_dates/521213](https://mawnancofeprimary.eschools.co.uk/web/term_dates/521213)

## INSET Days – 2023/2024

Monday 4th September 2023

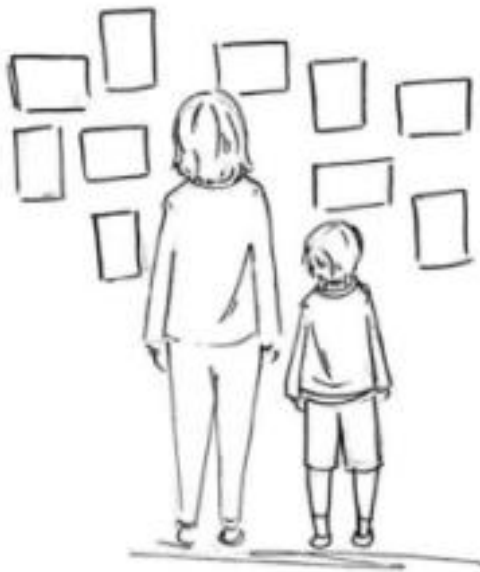
Monday 30th October 2023

22nd, 23rd and 24th July 2024

Cornwall Council 2023/2024 School Term Dates for Community and Voluntary-Controlled Schools										 CORNWALL COUNCIL																																																																																																																																																												
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195 days are included on the school calendar. Schools will be open to pupils for 190 days. The five additional days are allotted for In-Service Training (INSET). Schools allocate their own INSET days.





## **MAWNAN SECRET POSTCARD PROJECT**

Mawnan school is delighted to announce a unique fundraising event for our wonderful village school.

The Mawnan Secret Postcard Project will see hundreds of original postcards featuring a huge range of subjects and media created by artists both local and further afield.

We are looking for artists to create an original postcard to be donated and exhibited in our exhibition (which we hope will be in early May 2024 - date and venue to be confirmed soon).

All postcards will be displayed anonymously (signed on the reverse) and sold for a fixed fee per card with all money raised going towards a new library for our incredible village school. We have already had a huge amount of interest and started to collect some beautiful postcards from artists far and wide. We are looking forward to a very exciting community event.

Enquiries and postcards to Alex at [postcardproject@mawnanschool.com](mailto:postcardproject@mawnanschool.com)  
(Blank Cards available)

Postcard Project, Mawnan School, Shute Hill, Mawnan Smith, Cornwall, TR11 5HQ

# School Nursing Messaging Service for Parents

Health Visitors and School Nurses in Cornwall and the Isles of Scilly.

There are three advice lines as follows:

- young people aged 11-19: **07312 263 096**
- parents / carers of children aged 0-5: **07312 263 423**
- parents / carers of children and young people aged 5-19: **07312 263 499**

Users can send a message, anonymously if they wish, to Health Visiting and School Nursing to get confidential help and advice about a range of health concerns, including:

- Sleep
- Child development
- Support with behaviour
- Toileting
- Feeding and nutrition
- Keeping safe and healthy
- Childhood illnesses and support with medical conditions at school
- Emotional, mental health and wellbeing
- Relationships
- Smoking and vaping
- Drugs and alcohol

The messaging service is available Monday to Friday (excluding bank holidays) from 9am to 5pm. When a message is sent to the numbers, an automated reply confirms the message has been received. A trained healthcare professional will reply to the message during office hours within 48 hours.

Alternatively users can contact the service via:

- Telephone: 01872 324261
-



Funded by  
UK Government



ChatHealth  
Cornwall and the Isles of Scilly

# ChatHealth Parent Line 5-19

School Nursing messaging service for parents and carers of children  
and young people 5-19 years in Cornwall and Isles of Scilly

**TEXT** 07312 263 499



Get  
confidential  
health and  
wellbeing advice  
and support



Together  
for Families



[www.cornwall.gov.uk/chathealth](http://www.cornwall.gov.uk/chathealth)

To read our full privacy notice please visit [www.cornwall.gov.uk/tfprivacynotice](http://www.cornwall.gov.uk/tfprivacynotice)

We might inform someone if we were concerned about your safety but we would usually speak to you first. Messages are stored and can be seen by other health care staff who follow the same confidentiality rules. We aim to reply within 48 hours and you should get an immediate reply to confirm we have received your text. **Texts will not be seen outside working hours.** If you need help before you hear back from us contact your GP, nearest walk-in centre or dial 111. Our text number does not receive voice calls or MMS picture messages. We support messaging from UK mobile numbers only (not including messages from landlines, international numbers and some mobile apps). To prevent Chat Health from sending messages to you, text STOP to our number. Messages charged at your usual rates.