



# Mawnan CE VA School Newsletter

*Using our God-given talents to let our light shine*



Our core Christian Values: *Compassion, Hope, Peace, Perseverance, Respect, Trust*

Friday 28<sup>th</sup> February 2025

## World Book Day – Friday 7<sup>th</sup> March

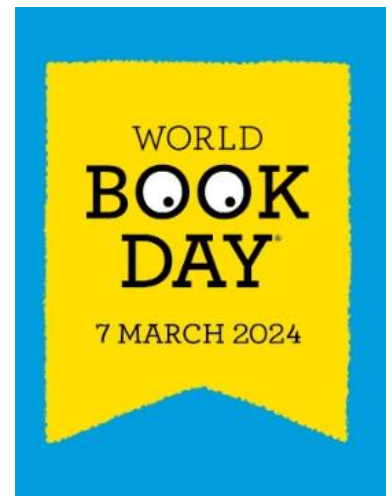
I would like to take this opportunity to remind you about an upcoming event that is very dear to our hearts - World Book Day!

This year, we will be celebrating World Book Day on **Friday 7<sup>th</sup> March** (this date has been moved from Thursday 6<sup>th</sup> due to our school swimming lessons). However, at Mawnan School, every day is World Book Day! We firmly believe in putting high-quality books at the heart of our curriculum to ensure that our children develop a true love for reading from an early age. After all, reading is the key to successful learning!

We would like to express our sincere gratitude to all of you for supporting your child with reading at home. Your efforts truly make a difference in their educational journey.

We would love it if the children came to school dressed up as their favourite character from a book. We kindly request that you keep the costumes simple and try your very best to reuse and recycle items from around the house instead of buying anything new.

Once again, thank you for your continuous support. We are grateful to have such dedicated parents and carers who share our passion for education and literacy. Together, we can nurture a love for reading that will last a lifetime.



## Year 6 St Pirans Day

This week Dart Class had the pleasure of having a visit from Will Keating and Neil McMahon to teach some Cornish singing and the Furry dance. This was in preparation for March 5<sup>th</sup> where Dart class will be joining other pupils from other schools in the St Piran's Parade in Falmouth!



## St Piran's Day School Dinner



On Wednesday 5<sup>th</sup> Match School dinners will also be celebrating St Piran's Day! Lunch will be a Cornish pasty, steak or Cheese and Onion and Heva Cake for Pudding. Please make sure you make your bookings to avoid disappointment as we can't guarantee a pasty for those extras not booked on.

**GOOL PERAN LOWEN!**  
**ST PIRAN'S DAY CELEBRATIONS**

**Menu**



**Traditional Steak Pasty  
or Cheese and Onion Pasty**

**Hevva Cake**

**Jacket Potato available on request**

**GENUINE CORNISH PASTY**

*Pasties were taken down the mines by the adults and children who worked there; the shape and size made them ideal for carrying. It's distinctive D-shape with the crust acting as a handle, which was discarded to prevent contaminating the food with grubby, possibly arsenic-ridden hands*



**At Proper Cornish we are passionate about quality pastry, filled with great tasting ingredients, made properly in Cornwall for people who love food.**

**We are passionate and honest about where our ingredients come from. At Proper Cornish, we believe in supporting our local farmers. Our swede comes from Hayle, courtesy of Trevor Goldworthy's family run farm, our potatoes come from third generation farmer Chris Duxlow from Par and our onions are grown by Anthony West of Toppoint. Cornwall grows some of the highest quality produce in the world, so why go anywhere else?**

**Chartwells**

## Dates to Remember

<u>Date</u>	<u>Event</u>
7 <sup>th</sup> March	World Book Day (this day has been changed to Friday due to swimming)
24 <sup>th</sup> – 28 <sup>th</sup> March	Parent Teacher Meetings
7 <sup>th</sup> -21 <sup>st</sup> April	Easter Holidays – Return date Tuesday 22 <sup>nd</sup> April
5 <sup>th</sup> May	Bank Holiday
12 <sup>th</sup> May	Year 6 SATs Week
26 <sup>th</sup> – 30 <sup>th</sup> May	Half Term – Return date Monday 2 <sup>nd</sup> June
9 <sup>th</sup> June	Year 1 Phonics Screening
18 <sup>th</sup> – 20 <sup>th</sup> June	Year 4 & 5 School Camp: PGL Barton Hall
25 <sup>th</sup> – 27 <sup>th</sup> June	Year 6 School Camp - Porthpean
4 <sup>th</sup> July	Sports Day
11 <sup>th</sup> July	Sports Day reserve date
21 <sup>st</sup> July	Summer Holidays – last day Friday 18 <sup>th</sup>

## Enrichment Clubs

### **After School Clubs Spring (2) Term**

Clubs will start on Monday 24<sup>th</sup> February 2025

<b>Day</b>	<b>Club</b>	<b>Year Group</b>	<b>Max Spaces</b>
Monday	Netball	Year 5 & 6	20
Monday	Golf	Year 5 & 6	8
Monday	Dance with Embrace	Year 3,4,5	15
Tuesday	Football	Year 5 & 6	20
Tuesday	Dance with Embrace	Year 1 & 2	15
Wednesday	Construction Club	Year 1 & 2	20
Wednesday	Running Club	Year 3 - 6	20
Wednesday	Sketching Club	Year 4 & 5	20
Wednesday	Skateboarding Club	Year 5 & 6	12
Wednesday	Gardening Club	Year 3	16
Thursday	Reading for Pleasure	Year 3 & 4	20
Thursday	Hockey	Year 5 & 6	16
Friday	Chillax Club	Year 5 & 6	20

New Club – Google forms have been sent

Continuing Club – No google form needed. Continue as Spring 1.

## Enrichment Clubs

Our after school enrichment clubs started in full swing this week. We are very grateful to all the staff and volunteers who give up their time to provide our pupils with such a variation of activities and clubs.






# Mothers Union Lent ideas

## A Family Lent Calendar 2025

The church of England's Lent theme for 2025 is **Living Hope**. This Lent we are encouraged to put down deep roots of hope by connecting with God who is with us at all times.

The season of Lent starts on Ash Wednesday, which this year is 5th March.  
Our calendar gives suggestions for special ways to mark every day through Lent in preparation for Easter.  
Why not print this out and display in your church, or give out to families you know?

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
			March 5 Make a Lent tree. Place a large branch in a vase and hang an egg-shaped decoration on it each day until Easter	6 Give a compliment to each member of your family today	7 Try to drink just water today and pray for everyone who lives where there is only dirty water to drink	8 Sort out some unwanted clothes or toys ready to take to a charity shop
9 Look for signs of new growth in your garden or on a walk and thank God that he brings new life	10 Choose an MU project to pray for and help in some practical way through Lent	11 Give up social media for the day	12 Count the number of radiators and heaters in your home then pray for people who are homeless, and in the cold	13 Do a helpful task without being asked- such as tidying up or clearing the table	14 See if you can go through the day without eating anything sweet	15 Get in touch with someone you've not seen for a while
16 Bake some tasty treats and share them with family, friends or neighbours	17 Make a list of five things you are grateful for	18 Check the news today and pray about something that concerns you	19 Give up television or computer games for the day	20 Make a special effort not to argue or say unkind things to anyone today	21 Choose something to watch together as a family and enjoy each other's company	22 Scour your home for loose change to donate to MU
23 Cook extra for Sunday lunch so you can invite someone on their own to join you	24 Go without eating snacks or dessert today	25 Say thank you to someone who has helped you today – like a teacher or shop assistant	26 Find a time to go for 30 minutes without speaking then pray for lonely people with no-one to talk to	27 Try and think of alternatives to single-use plastic items at home or church	28 As a family talk about the story of Jesus in the wilderness. What would you have found most hard to cope with?	29 In a group pick up litter in your street or local area

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Mothers Sunday 30 Think of ways to make mums and those who care for you feel extra special today	31 Say a special grace before your meal thanking God for farmers and all who work to provide us with food	April 1 Collect some food items and donate them to a foodbank	2 If you hear a siren today pray for the person or people who are needing help	3 Plant some Spring bulbs in a pot and give to someone you think needs a treat	4 Try hard to remember to turn off lights and electrical equipment when you are not using them	5 Pause at midday to pray. You could join MU prayers on Facebook at 12.00!
6 Find out if there is some way you can help at church today – like giving out hymnbooks or notice sheets	7 Try and make a journey on foot today, instead of using the car	8 If you have family or friends in other countries, try and find out if they have special Easter traditions	9 At bedtime pray for people who have to work at night	10 Cook a meal using what you have in your cupboards and freezer. Give any money you've saved on the meal to your MU project	11 Make some Easter cards to send or give out	12 Share favourite jokes with family and friends. Thank God for fun and laughter!
Palm Sunday 13 Make palm branches with paper to wave at church or home when singing a hymn or worship song	14 Think of anything that has made you happy today and say thank you to God	15 Look at the MU website together and pray for something featured on it	16 Whenever you pass a chemist or surgery today say a quick prayer for people who are ill	17 Over a meal with family and friends chat about how it would have been like to be at the Last Supper with Jesus	Good Friday 18 Eat hot cross buns or decorate cakes with a cross as a sign of how Jesus died for us all	Holy Saturday 19 Make an Easter garden to symbolise and celebrate Jesus' resurrection

## Audio Books

In a new report out this week (Tuesday 25 February 2025), the National Literacy Trust (NLT) has highlighted **how listening to audio could provide a gateway into reading and reading enjoyment for many young people.**

According to the [Children and young people's listening in 2024 Report](#), **children's enjoyment of listening has risen in the past year** (from 39.4% to 42.3%), **surpassing children's enjoyment of reading for the first time** since the charity started asking children about their listening enjoyment in 2020. This comes in a troubling landscape of a decline in children's reading for pleasure in recent years, with **just 1 in 3 (34.6%) 8 to 18-year-olds saying they enjoy reading in their free time.**

The new research into children's listening habits in 2024 indicates that almost 2 in 5 children and young people said that **listening to an audiobook had sparked their interest in reading books**, while more of those who **enjoyed listening to audio also enjoyed reading in their free time**, compared with those who didn't enjoy listening (52.4% vs. 36.0%).



### Borrow Box

**So we thought now might be a good time to remind you about Borrow Box. Download the Borrow Box app to get free access to a wonderful range of book.**

Borrow Box is an electronic library provided Cornwall Library Service. It allows you to have free access to e-books and e-audiobooks through an app. There are no overdue charges, no loan charges, it is completely free!

You will need to:

- Download the Borrowbox app (available for all Android and Apple devices)
- Sign in.
- Type your library card number in the Borrower Number box
- Your PIN is the last 4 digits of your library card number
- The first time you log in you will need to enter an e-mail address – this is not shared and is only used to let you know when your reservations are available or if a book needs to be renewed.
- If siblings are sharing a device then it is recommended that only one login is used. Borrowbox remembers which page of the book you have reached but if you log out and then back in again, this page number is lost. Each login can borrow up to 10 ebooks and 10 e-audiobooks so there should be enough for two users.
- Books are borrowed for 2 weeks after which they disappear from your device. If you haven't finished you can renew for up to four more weeks. If you finish your book quickly or decide you don't like it then you can return it early.
- You're all set. Start reading or listening!

A guide can be found here:

<https://www.cornwall.gov.uk/libraries-museums-and-archives/libraries/your-online-library/borrowbox-ebooks-and-eaudiobooks/>

# What Parents & Educators Need to Know about WHATSAPP

According to Ofcom's most recent Media Use and Attitudes Report, roughly 55% of 3-17-year-olds

in the UK are using WhatsApp as their primary messaging service  Not only does that make WhatsApp the most popular messaging platform among children and young people in the UK; it also means that of the app's approximately three billion users, over seven million of them are British youngsters – keeping in touch with friends and family, but also being exposed to its various



risks

As parents and educators, it's our responsibility to stay up-to-date on the safety concerns around this highly popular app, and know how to protect children and young people who are on the



platform That's why we've put together this expert-led free guide, breaking down WhatsApp's most prominent risks and advising you on how best to safeguard the app's younger users.

**What Parents & Educators Need to Know about WHATSAPP**

With more than two billion active users, WhatsApp is the world's most popular messaging service. Its end-to-end encryption only allows messages to be viewed by the sender and any recipients; not even WhatsApp itself can read them. The UK's Online Safety Bill proposes to end such encryption on private messaging, but for the time being, this controversial feature remains.

**AGE RESTRICTION 13+**

**WHAT ARE THE RISKS?**

- EVOLVING SCAMS**: WhatsApp's popularity makes it a lucrative hunting ground for scammers. Recent examples include posing as the target's child, requesting a money transfer because of a supposed emergency – plus a scam where fraudsters trigger a verification message by attempting to log in to your account, then (posing as WhatsApp) call or text to ask you to repeat the code back to them, giving them access.
- CONTACT FROM STRANGERS**: To start a chat, someone only needs the mobile number of the WhatsApp user they want to message. Therefore, if a child has ever given their number out to someone they don't know, that person could then contact them via WhatsApp. It's also possible that the child might be added to a group chat or community (by one of their friends, for example) containing other people they don't know.
- FAKE NEWS**: WhatsApp's connectivity and ease of use allow news to be shared rapidly – whether it's true or not. To combat the spread of misinformation, messages forwarded more than five times on the app now display a "forwarded many times" label and a double arrow icon. This message alert warns that the message they've just received is far from original – and might not be entirely factual, either.
- CHAT LOCK AND SECRET CODES**: In 2023, WhatsApp introduced a feature that lets users keep their chats in a separate "locked chat" folder, saved behind their phone's passcode, fingerprint or face ID. There's an additional feature – "Secret Code" – where users set a unique passcode for locked chats. Unfortunately, this creates the potential for young people to hide conversations and content they suspect their parents wouldn't approve of.
- VIEW ONCE CONTENT**: The ability to send images or messages that can only be viewed once they start to leave WhatsApp users sharing inappropriate material or abusive texts, knowing that the recipient can't respond them later to use as evidence of misconduct. People used to be able to screenshot this disappearing content – but a security-focused WhatsApp feature now blocks this, adding protection of privacy.
- VISIBLE LOCATION**: WhatsApp's Live Location feature lets users share their current whereabouts, which can be helpful for friends meeting up or parents checking that their child is safe while out. For example, however, anyone in a user's contacts list in a mutual group that can see their location – potentially letting strangers identify a child's home address or journeys that they make regularly.

**Advice for Parents & Educators**

- EMPHASISE CAUTION**: Encourage children to treat unexpected messages with caution: get them to consider whether it sounds like something a friend or relative would really send them. Make sure they know never to share personal details over WhatsApp, and to be wary of clicking on any links in messages. Setting up two-step verification adds a further level of protection to their WhatsApp account.
- ADJUST THE SETTINGS**: It's wise to change a child's WhatsApp settings to specify which of their contacts can add them to group chats without reading approval. You can give permission to My Contacts or My Contacts Except... Additionally, if a child needs to use Live Location, emphasise that they should enable this function for only as long as they need – and then turn it off.
- CHAT ABOUT PRIVACY**: Check in with the child about how they're using WhatsApp, making sure they know you only have their safety at heart. If you spot a locked chat folder, you might want to talk about the sort of content they're storing in there, who they're talking to, and why they want to keep these chats hidden. Also, if children send you View Once content, it could be helpful to ask them why.
- DISCUSS GROUP CHATS**: Make children aware that there could be members of a group that they don't know well and that words can be misinterpreted. Encourage them to leave a group chat if it makes them uncomfortable – or for any reason, in fact.
- THINK BEFORE SHARING**: Help children understand why it's important to stop and think before posting or forwarding something on WhatsApp. It's easy – and all too common – for content that's user posts to be shared more widely, even publicly on social media. Encourage children to consider how an impulsive message or forwarding might damage their reputation or upset a friend who sent something to them in confidence.

**Meet Our Expert**  
Dr Chloë Sutherland is an online safety consultant, educator and researcher who has developed and implemented anti-bullying and cyber safety policies for schools. She has written various academic papers and carried out research for the Australian Government comparing internet use and sexting behavior of young people in the UK, USA and Australia.

**#WakeUpWednesday** The National College

Source: Full reference list on guide page at <https://thenationalcollege.com/guides/whatsapp-2023>

@wake\_up\_weds | www.thenationalcollege | @wake.up.wednesday | @wakeup.weds

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Cornwall  
Wildlife Trust



Cornwall Partnership  
NHS Foundation Trust

The Mental Health Support Team warmly  
invite you to attend...

Egg Hunt →

# Wild Wellbeing



During the Easter holidays MHST, in collaboration with Natural England, Cornwall Wildlife Trust and ..., would like you to join us on a FREE Wild Wellbeing session at various locations across Cornwall.

This is for parents and their primary aged children (5-11) in Cornwall to help understand and support emotional and mental wellbeing.

Please book EACH child on to a session below:

Morning and afternoon sessions available:

Tuesday 8 April 2025 at Golitha Falls

Thursday 10 April at Tehidy Woods

Tuesday 15 April at The Dipping Pond, Gossmoor

Tuesday 15 April at Widemouth Bay, Bude

Each session will last approx. 2 hours

To request a place, complete the online form or scan the QR code provided:

<https://forms.office.com/e/1c>

[VmDjXF5E](https://forms.office.com/e/1c)



Please note: Places are limited and will be allocated on a first come, first serve basis. If you are allocated a place and cannot attend, please let us know so we can allocate your space to someone else

Follow us on Facebook for updates and upcoming events:  
[Cornwall Mental Health Support Team \(MHST\)](#)

