



Mawnan CE VA School Newsletter

Using our God-given talents to let our light shine



Our core Christian Values: *Compassion, Hope, Peace, Perseverance, Respect, Trust*

Friday 31st January 2025

Children's Mental Health Week 2025!

This week is Children's Mental Health Week and this year's theme is Know Yourself, Grow Yourself.



This year's theme aims to encourage children to embrace self-awareness and explore the importance of expressing their feelings and emotions. Throughout the school, we have been supporting and promoting Children's Mental Health Week by exploring what mental health is, we have used the 'Inside Out' characters to help us to discuss our emotions and have been looking at our individual personalities to see what makes us special and unique.

Today has also been our Dress to Express day where all our children and staff have worn outfits that express who they are and how they feel. Everyone looked so unique and awesome!

This afternoon, we have been joined by Helen from Mindfit Cornwall who held a wonderful wellbeing assembly for the whole school which focused on understanding our minds, bodies and hearts as well as some techniques to help us feel calm. All three Key Stage 2 classes (Pico, Fusion and Dart) participated in some lovely wellbeing workshops which focused on breathing and relaxation techniques.

Thank you for your support in helping us promote Children's Mental Health Week 2025 and a huge thank you for your generous donations for Place2Be. **We have raised £112 so far!**

Please see the 'Tips for Families' for some simple ways you can support your child's mental health and emotional growth.

Have a lovely weekend!

Mrs Luscombe



Football

After winning the Qualifier last week, this morning our Year 6 Football girls took part in the Girls Football Final at Penryn College. They had five matches in total winning all five!



Mawnan 2 – 0 St Marys

Mawnan 1- 0 Mabe

Mawnan 6 – 0 Archbishop B

Mawnan 5 – 0 Mount Hawk

Mawnan 6 – 0 Trewergie

We are so proud of our Football Final winners. They performed incredibly well, had fun and showed great Mawnan sportsmanship. Well done girls!



Swimming

Year 3 and 4 Swimming lessons have been going fantastically well. The children are making huge progress, growing in confidence and swimming abilities and their behaviour has been exemplary. We are extremely proud of each and every one of them and their positive attitude towards their swimming lessons.

Dates to Remember

<u>Date</u>	<u>Event</u>
17 th – 21 st February	Half Term – Return date Monday 24 th February
28 th February	School Disco (see Poster)
6 th March	World Book Day
24 th – 28 th March	Parent Teacher Meetings
7 th -21 st April	Easter Holidays – Return date Tuesday 22 nd April
5 th May	Bank Holiday
12 th May	Year 6 SATs Week
26 th – 30 th May	Half Term – Return date Monday 2 nd June
9 th June	Year 1 Phonics Screening
18 th – 20 th June	Year 4 & 5 School Camp: PGL Barton Hall
25 th – 27 th June	Year 6 School Camp - Porthpean
4 th July	Sports Day
11 th July	Sports Day reserve date
21 st July	Summer Holidays – last day Friday 18 th

Parent Teacher Meetings

I would like to bring to your attention that these meetings will now take place during the week commencing **Monday, 24th March**, which is two weeks later than we had previously advertised.

Following the half-term break, a Google Form will be emailed to allow you to sign up for an appointment at a time that is convenient for you.

We look forward to the opportunity to discuss your child's amazing achievements with you.

After School Wraparound Childcare

As you are aware from previous communications, we are currently advertising for two members of staff to run our after wraparound provision. I firmly believe in the expression “third time lucky,” and with this optimistic outlook in mind, I would like to gather an accurate and up-to-date understanding of your after-school childcare needs.

To facilitate this process, I kindly request that you take a few moments to complete the attached form. Your feedback is invaluable, as it will enable us to tailor our services effectively to support both our children and their families.

Thank you for completing our second questionnaire. Please could this be completed by Friday 14th February.

<https://forms.gle/PJcf4Gw3Dj1mHXw77>

The Wraparound Vacancies positions available are as follows:

- **Play Leader**

- Website: https://www.mawnanschool.com/web/wraparound_playleader_/696866

- Indeed:

- <https://uk.indeed.com/jobs?q=playleader&l=mawnan&from=searchOnDesktopSerp&vjk=23ca00034737c5ea&advn=7863470678683441>

- **Play Worker**

- Website: https://www.mawnanschool.com/web/wraparound_playworker/696867

- Indeed: <https://uk.indeed.com/jobs?q=&l=mawnan&from=searchOnHP&vjk=5b4be91cbf1bcb69>

Deadline Thursday 13th February at Midnight.

What Parents & Educators Need to Know about SCAMS AND FAKE NEWS

'Fake news' is a widespread issue in the digital world, and it's overwhelmingly likely that both children and adults will be exposed to it online. In fact, a study from the Alan Turing Institute has found that 94% of people in the UK have encountered misinformation on social media – and that's only the ones who were aware of it! However, while some fake news is shared mistakenly by well-meaning individuals, it's also shared by scammers and other cyber-criminals to lend legitimacy to their con. While this presents a clear risk to children and young people online, the question remains as to how we can protect them against such tactics. This week's free guide offers expert advice on the specific ways scammers use misinformation and how to safeguard younger users against these techniques.

At The National College, our WakeUpWednesday guides empower and equip parents, carers and educators with the confidence and practical skills to be able to have informed and age-appropriate conversations with children about online safety, mental health and wellbeing, and climate change. Formerly delivered by National Online Safety, these guides now address wider topics and themes. For further guides, hints and tips, please visit nationalcollege.com.

What Parents & Educators Need to Know about SCAMS AND FAKE NEWS

WHAT ARE THE RISKS?
"Fake news" refers to falsified or misleading material presented as a legitimate account of events. It's often used by malicious actors online to push an agenda, or even by criminals as a way of making scams more persuasive. Scammers can trick us into handing over personal information, security details and even our hard-earned cash.

"CLICKBAIT" PHISHING SCAMS
A message arrives saying "Have you seen this video of yourself?" or you might be sent an attention-grabbing headline about a celebrity that's been shared on social media. This kind of "bait" is produced by scammers to drive us to click on an unsafe link, where malware could be downloaded to our devices. These scams rely on our curiosity and our "need-to-know" instinct.

SALES, DEALS & DISCOUNTS
Some scams appear as adverts, offering a chance to buy something – such as designer products, expensive gadgets or tickets to a popular show – at a reduced price. Such plays often include a time limit or countdown, urging us to hurry so we don't miss out on the deal. This pressure encourages us to input personal details or payment information before pausing to check if it's legitimate.

YOU'RE A WINNER!
This kind of scam involves fake giveaways, opportunities or freebies. It could be a message saying we've won a prize draw or competition. Or it could be a gift, free trial, bonus credit, and so on. It might claim that a package or refund is waiting. All these techniques are used to prompt us to share our personal information, thinking that there's something to be gained by doing so.

FALSE FRIENDSHIPS
Scammers often pretend to be someone they're not to gain their victims' trust. They might attempt to convince any children they connect with that they're a child of similar age with shared interests. Warning signs include a high volume of messages (often with an intense tone), secrecy, inappropriate levels of intimacy, guilt tripping, emotional manipulation, threats or blackmail.

PANIC MODE
To trigger a sense of panic, scammers may claim that a child's account has been hacked, or a virus has been installed on their device, or any number of other scary scenarios. They may claim to be able to fix the problem or offer a solution – if the child hands over control of the device or sensitive information. Similar scams involve impersonating a friend or relative, claiming that they're in trouble and need help.

FAKE CELEBRITY ENDORSEMENTS
Impersonating influential people online is a common tactic for scammers, who can use technology to create fake photos, audio and even videos that look authentic. These can be used to convince us, for example, to buy products, sign up for so-called "business opportunities" or invest in cryptocurrency schemes – all of which are fake or otherwise malicious. Many scams also involve the impersonation of popular companies' social media accounts, as well as those of individuals.

Advice for Parents & Educators

STAY INFORMED
Stay up to date with the latest information and best practice on cyber security. See what scam stories are reported in the news and make note of what tactics were used. Keep up with young people's digital lives: talk about what they're doing online and use properly endorsed resources to learn what risks certain sites and apps pose to their younger users.

TALK TOGETHER
Chat often and openly with young people about fake news, online scams and how they both work. Encourage them to talk to you about anything they're unsure of or worried about online. If a child claims to have been scammed, don't pass judgement. Blaming the victim may deter young people from asking you for help. Remember: adults are scammed just as often, if not more.

ENCOURAGE HEALTHY SCEPTICISM
Most scams rely on emotional or psychological manipulation, tapping into our human instincts – whether that's to keep ourselves safe, help others, find answers, make friends, avoid losing out or to secure something we really want. Encourage children to recognise that pressure to act and to always consult with an adult – especially if what's on offer sounds too good to be true.

BE PROACTIVE
Children increasingly use digital devices for education, socialising, shopping and play. Don't wait for a problem to arise before you discuss the risk of scams, fake information and fake news. Highlight what to look out for and clearly communicate under what circumstances the child ought to speak to an adult. Finally, ensure that they're aware of the support services that are available to them (such as Childline).

Meet Our Expert
Dr Holly Powell-Jones is the founder of Online Media Law UK and a leading expert in digital safety, media law and young people. Her PhD investigates children's understandings of risk online. She works with schools, businesses, and universities to provide award-winning education on the criminal, legal and ethical considerations for the digital age. Visit OnlineMediaLaw.co.uk for more.

Source: See full reference list on [guide page at: https://nationalcollege.com/guides/fake-news-and-scams](https://nationalcollege.com/guides/fake-news-and-scams)

#WakeUpWednesday The National College

@wake_up_weds | www.thenationalcollege | @wake.up.wednesday | @wake.up.weds

Users of this guide do so at their own discretion. No liability is entered into. Current as of the date of release: 05.02.2025

Save the Date!

neon!

MAWANAN PTA

SCHOOL DISCO

FRI 28TH
FEB 2025

Professional DJ!

KS1: 15.15-16.30

KS2: 16.45-18.15

Suggested donation/child
£ 6
All incl.

Sweets & Crisps

Extras!



FEBRUARY HALF TERM HOLIDAY CAMPS

Come and take part in our EdVenture half term provision, offering children a fantastic opportunity to build friendships through team sports and outdoor adventures, and explore their creativity with themed group games and arts & crafts.

TUE 18TH - THUR 20TH FEB
3 DAY SUPER CAMPS
5-7 YEARS | 8+ YEARS

**FEATURING A RANGE OF
ACTIVITIES INCLUDING:**
**DODGEBALL, FREE PLAY, GYM,
ARTS & CRAFTS, DANCE OFF,
FOOTBALL, GYMNASTICS,
MULTI SPORTS, BOARD GAMES,
CINEMA, TEAM CHALLENGES
JEWELLERY MAKING
& LOTS MORE!**
**JUST £80 FOR 3 DAYS
OR £30 A DAY**



MON 17TH & FRI 21ST FEB
FULL/HALF DAY CAMPS:
**NETBALL
FOOTBALL
PICKLEBALL
AND MORE...**



FOR MORE DETAILS ON THE COURSES & HOW TO BOOK:
WWW.MYEDVENTURE.CO.UK
01326 372379



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Locals' Annual Pass 2025

Every pass purchased supports the animals in our care...we couldn't do it without you!

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- A 30% saving on Standard Admission
- A whole 12 months of **unlimited entry!**
- 20% off in our cafe and gift shop every visit

Exclusively for residents living in EX, PL & TR Postcodes*

Adults: £16.05 Children: £13.95

BUY NOW SAVE 30%!
On Standard Admission Tickets

Limited time offer...

DON'T MISS OUT!
Only available to buy in FEBRUARY

 Cornish Seal Sanctuary

*proof of address required on collection

The Cornwall Seal Sanctuary are excited to introduce the **Cornish Seal Sanctuary Locals' Pass**, offering the local community **30% off annual passes!** This special discount is available to residents with a **TR, PL and EX postcodes**, providing unlimited visits for a whole year at a reduced price and **20% off on-site** every visit!

A visit to the Sanctuary is not only a fun day out but also an educational experience, allowing families to learn about marine conservation and meet their rescued seal residents.