



Mawnan CE VA School Newsletter

Using our God-given talents to let our light shine



Our core Christian Values: *Compassion, Hope, Peace, Perseverance, Respect, Trust*

Friday 17th January 2025

Swimming is going swimmingly!

Our Year 3 and Year 4 children have embarked on their swimming lessons with extraordinary enthusiasm and dedication. Their effort, and conduct have been nothing short of exemplary, truly embodying our ethos of letting their lights shine brightly.

The swimming instructors have commented our children's exceptional behaviour and notable progress, filling us with immense pride.

We extend our heartfelt gratitude to our generous PTA, whose substantial contribution towards the coach expenses has been instrumental in facilitating this valuable experience.

Youth Speaks 2025

Looking ahead, we are honoured to be hosting the Rotary Club Youth Speaks 2025 competition next Thursday. This prestigious public speaking event, organised by the Rotary Club, provides an excellent platform for our children to showcase their oracy skills.

We are particularly proud of our talented trio - Bow, Isla, and Molly - who will be engaging in a thought-provoking debate on the topic "Writing for pleasure - a dying art?". We extend our warmest wishes to them as they prepare to represent our school.

After School Enrichment Clubs

I would like to take this opportunity to express our sincere appreciation to all our volunteers, both staff members and friends of Mawnan School, who have offered such a diverse and engaging array of after-school enrichment clubs for our children.

These extracurricular activities play a crucial role in broadening our children's horizons and fostering their individual interests. We kindly request that if your child will no longer be attending a club they have signed up for, please inform us promptly, as some clubs have waiting lists.

While we aim to ensure these extra opportunities are available every week, please be aware that unforeseen circumstances such as staff absences or extreme weather conditions may necessitate last-minute cancellations. Any such changes will be communicated via Class Dojo.

Punctuality

Our school gates open at 8:35am and close promptly at 8:45am. Classrooms open at 8:40am. It is crucial that your child arrives at school before this time (8:45am) to avoid any disruptions to their learning. We have noticed that a few children are arriving after 8:45am, causing them to miss the start of the lesson. We kindly request your cooperation in ensuring that your child arrives on time, ready to start their day with their class. Classroom doors close promptly at 8:45am so if your child arrives after 8:45am they need to enter the school via the school office to ensure that they are registered.

Term Dates

Our term dates and closure dates can be found here:

https://www.mawnanschool.com/web/term_dates/521213

Our INSET Days for 2024-2025 will be as follows:

- ~~Tuesday 3rd September 2024~~
- ~~Monday 4th November 2024~~
- Monday 21st July 2025
- Tuesday 22nd July 2025
- Wednesday 23rd July 2025

Please do not book holiday during term time.

Under current legislation parent/carers, taking their child on an unauthorised holiday in term time could be subject to a fixed penalty fine. This is something we would like to avoid happening so please avoid booking holidays in term time. Thank you for your support and understanding.

Cornwall Council 2024/2025 School Term Dates for Community and Voluntary-Controlled Schools



September 2024							October 2024							November 2024						
Mon		2	9	16	23	30	Mon		7	14	21	28	Mon		4	11	18	25		
Tue		3	10	17	24		Tue	1	8	15	22	29	Tue		5	12	19	26		
Wed		4	11	18	25		Wed	2	9	16	23	30	Wed		6	13	20	27		
Thurs		5	12	19	26		Thurs	3	10	17	24	31	Thurs		7	14	21	28		
Fri		6	13	20	27		Fri	4	11	18	25		Fri	1	8	15	22	29		
Sat		7	14	21	28		Sat	5	12	19	26		Sat	2	9	16	23	30		
Sun	1	8	15	22	29		Sun	6	13	20	27		Sun	3	10	17	24			

December 2024							January 2025							February 2025						
Mon		2	9	16	23	30	Mon		6	13	20	27	Mon		3	10	17	24		
Tue		3	10	17	24	31	Tue		7	14	21	28	Tue		4	11	18	25		
Wed		4	11	18	25		Wed	1	8	15	22	29	Wed		5	12	19	26		
Thurs		5	12	19	26		Thurs	2	9	16	23	30	Thurs		6	13	20	27		
Fri		6	13	20	27		Fri	3	10	17	24	31	Fri		7	14	21	28		
Sat		7	14	21	28		Sat	4	11	18	25		Sat	1	8	15	22			
Sun	1	8	15	22	29		Sun	5	12	19	26		Sun	2	9	16	23			

March 2025							April 2025							May 2025						
Mon		3	10	17	24	31	Mon		7	14	21	28	Mon		5	12	19	26		
Tue		4	11	18	25		Tue	1	8	15	22	29	Tue		6	13	20	27		
Wed		5	12	19	26		Wed	2	9	16	23	30	Wed		7	14	21	28		
Thurs		6	13	20	27		Thurs	3	10	17	24	31	Thurs	1	8	15	22	29		
Fri		7	14	21	28		Fri	4	11	18	25		Fri	2	9	16	23	30		
Sat	1	8	15	22	29		Sat	5	12	19	26		Sat	3	10	17	24	31		
Sun	2	9	16	23	30		Sun	6	13	20	27		Sun	4	11	18	25			

June 2025							July 2025							August 2025						
Mon		2	9	16	23	30	Mon		7	14	21	28	Mon		4	11	18	25		
Tue		3	10	17	24		Tue	1	8	15	22	29	Tue		5	12	19	26		
Wed		4	11	18	25		Wed	2	9	16	23	30	Wed		6	13	20	27		
Thurs		5	12	19	26		Thurs	3	10	17	24	31	Thurs		7	14	21	28		
Fri		6	13	20	27		Fri	4	11	18	25		Fri	1	8	15	22	29		
Sat		7	14	21	28		Sat	5	12	19	26		Sat	2	9	16	23	30		
Sun	1	8	15	22	29		Sun	6	13	20	27		Sun	3	10	17	24			

School holidays

Bank holidays

Christmas Day	25 December 2024
Boxing Day	26 December 2024
New Years Day	01 January 2025
Good Friday	18 April 2025
Easter Monday	21 April 2025
May Bank Holiday	05 May 2025
Spring Bank Holiday	26 May 2025
Summer Bank Holiday	25 August 2025

AUTUMN TERM (74 days)

3 September - 20 December 2024
(HALF TERM 28 October -1 November 2024)

SPRING TERM (60 days)

6 January - 4 April 2025
(HALF TERM 17-21 February 2025)

SUMMER TERM (61 days)

22 April - 23 July 2025
(HALF TERM 26-30 May 2025)

195 days are included on the school calendar. Schools will be open to pupils for 190 days. The five additional days are allotted for In-Service Training (INSET). Schools allocate their own INSET days.

Thank you

The Children's Society would like to thank you for your kind donations given in the Christingle Candles at Christmas. The collection from Mawnan School Candles raised a fantastic £327.32! This money will help to support children facing some challenging times in their lives. Thank you!



**The
Children's
Society**

10 Top Tips for Parents and Educators **SUPPORTING CHILDREN TO RETURN TO ROUTINE**

Returning to the usual routine after the holidays can be a stressful time for anyone and that includes those children and young people who are making their way back to school. Difficulty readjusting to a structured schedule, worries about reuniting with classmates and teachers, and potential pressures around continuing their education cannot only impact children's academic performance, but have further negative effects on their emotional wellbeing.

Of course, there's plenty we can do as parents and educators to help make the transition back to education as easy as possible for the youngsters in our care and this week's free guide offers you expert advice on exactly that topic. Give it a read and equip yourself for helping children settle back into the school routine.

10 Top Tips for Parents and Educators

SUPPORTING CHILDREN TO RETURN TO ROUTINE

Most of us look forward to the school holidays as an opportunity to slow down and relax, stay up later, sleep in and generally approach life in a more leisurely fashion. However, this does mean that returning to normal school-day routines can feel like an uphill battle. Here are some practical tips to ease that transition, reduce stress and set children up for success.

1 START SMALL AND EARLY

Begin reintroducing elements of the school routine at least a few days before term starts. Gradually adjust bedtime, wake-up times and mealtimes to be more in line with school-day rhythms. Small changes can make a big difference in avoiding last-minute panic and helping children to readjust smoothly.

2 REVISIT THE SCHEDULE

Involve your child in mapping out their daily routine so they understand what's going to change. Visual tools like charts or calendars can help keeping to that schedule feel more engaging. When children understand and anticipate their personal timetable, they feel more secure and in control.

3 CREATE A SLEEP PLAN

Sleep can present one of the biggest challenges, as children can sometimes become night owls, prone to staying up late during the holidays. Limit screen time before bed and encourage winding-down activities like reading or listening to calming music. A restful night's sleep improves focus, mood and overall wellbeing, making mornings much smoother.

4 ENCOURAGE FRIENDSHIPS

Help your child to reconnect with school friends by organising playdates, catch-ups or arranging to go to after-school clubs. Re-establishing social bonds can make the return to school more exciting and less intimidating, allowing youngsters to focus on the positive aspects of the new term.

5 GRANT RESPONSIBILITY

Give children control over some aspects of the morning routine. Maybe they could be in charge of waking everyone up, serving breakfast or choosing the radio station that everyone listens to while getting ready. Something that gives them a sense of ownership over their morning schedule can help them view the task as one they've chosen to do, rather than being told to do it.

6 FOCUS ON NUTRITION

Make sure children are receiving balanced meals (with regular healthy snacks to boost energy and concentration), putting them in the best possible state to return to education. A nutritious breakfast is particularly crucial for a positive start to the day. Involve children in meal planning to make it enjoyable and collaborative.

7 COMMUNICATE OPENLY

Talk with your child about how they're feeling about returning to school: whether they're excited, anxious or a mix of both. Validating their emotions helps them feel supported and understood. Try asking them about the things they're looking forward to at school, such as seeing their friends again. Focusing on the positives can be useful for children struggling with change.

8 RECONNECT WITH LEARNING

Ease children back into a learning mindset by incorporating fun, educational activities into their home life. Reading a favourite book, playing games that involve maths or discussing an interesting topic can gently reawaken their focus and prime their minds to learn, which can have helpful impacts on their academic performance.

9 PREP TOGETHER

Turn preparation into a shared activity, to shoulder the responsibility together and provide support where needed. Pack school bags, lay out uniforms and plan lunch the night before. This not only reduces early morning stress but also gives children a sense of ownership over being ready for school.

10 BE PATIENT AND FLEXIBLE

Transitions take time, and every child adjusts differently; so, it's important to stay calm and supportive, especially if they're reacting adversely to the change in their daily life. Be ready to tweak routines as needed, and work with the child to make the return to education as easy as possible for them. Patience can go a long way to setting a positive tone for the new school year.

Meet Our Expert

Becky Dawson is an education expert with a focus on mental health and wellbeing. Passionate about empowering adults who spend time with and care for young people, Becky specialises in creating practical strategies that promote wellbeing and resilience in children during life's transitions.



#WakeUpWednesday

The National College

Source: See full reference list on guide page at: <https://nationalcollege.com/guides/supporting-children-to-return-to-routine>

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